

Size	Chest (cm)	Sleeve Length (cm)
S	91.4-96.5	83.8
M	99.1-101.6	86.4
L	104.1-109.2	88.9
XL	111.8-116.8	91.4
XXL	121.9-129.5	94

CHEST
Measure at the fullest part of the chest, under the armpits and over the shoulder blades, keeping the tape measure firm and level.

SLEEVE
Start at the center back of your neck and measure across the shoulder and down to the wrist. Round up to the next even number.

