

## ADULT SIZING

<b>S</b>	52.0 – 55.5 cm	20.50 – 21.75 in
----------	----------------	------------------

<b>M</b>	55.5 – 59.0 cm	21.75 – 23.00 in
----------	----------------	------------------

<b>L</b>	59.0 – 62.5 cm	23.00 – 24.25 in
----------	----------------	------------------

<b>XL</b>	62.5 – 65.0 cm	24.50 – 25.50 in
-----------	----------------	------------------

## YOUTH SIZING

<b>XS</b>	48.5 – 52.0 cm	19.25 – 20.50 in
-----------	----------------	------------------

<b>S</b>	52.0 – 55.5 cm	20.50 – 21.75 in
----------	----------------	------------------

<b>M</b>	55.5 – 59.0 cm	21.75 – 23.00 in
----------	----------------	------------------

## RACE HELMETS

<b>XS</b>	52.0 – 53.5 cm	20.50 – 21.00 in
-----------	----------------	------------------

<b>S</b>	53.5 – 55.5 cm	21.00 – 21.75 in
----------	----------------	------------------

<b>M</b>	55.5 – 57.0 cm	21.75 – 22.50 in
----------	----------------	------------------

<b>L</b>	57.0 – 59.0 cm	22.50 – 23.00 in
----------	----------------	------------------

<b>XL</b>	59.0 – 60.5 cm	23.00 – 23.75 in
-----------	----------------	------------------

<b>XXL</b>	60.5 – 62.5 cm	23.75 – 24.50 in
------------	----------------	------------------